

# Chi Gong and Flow Yoga Classes Timetable

2019

March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
25	26	27	28	01 10am Kamerunga Advanced class	02	03 8am The Yoga School
04	05 10am Kamerunga	06 6:30am Esplanade Fogarty Park	07 10am Kamerunga 6pm Kamerunga	08 10am Kamerunga Advanced class	09	10 8am The Yoga School
11	12 10am Kamerunga	13 6:30am Esplanade Fogarty Park	14 10am Kamerunga 6pm Kamerunga	15 10am Kamerunga Advanced class	16	17 8am The Yoga School
18	19 10am Kamerunga	20 6:30am Esplanade Fogarty Park	21 10am Kamerunga 6pm Kamerunga	22 10am Kamerunga Advanced class	23 Workshop 2pm to 5pm The Yoga School	24 8am The Yoga School
25	26 10am Kamerunga	27 6:30am Esplanade Fogarty Park	28 10am Kamerunga 6pm Kamerunga	29 10am Kamerunga Advanced class	30	31 8am The Yoga School